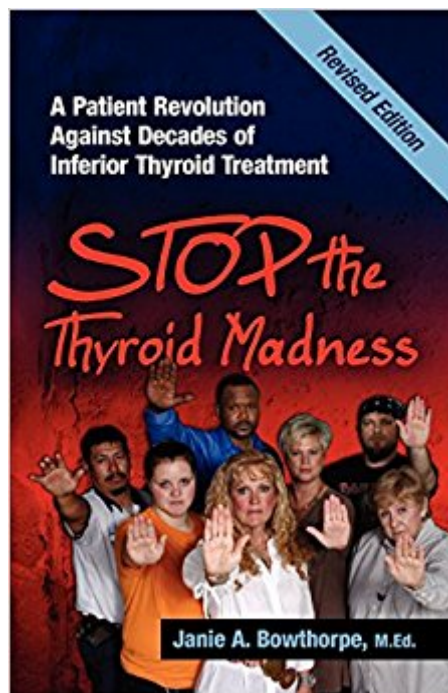




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Stop The Thyroid Madness: A Patient Revolution Against Decades Of Inferior Treatment



Synopsis

With even more pages, a new chapter on foods and supplements, and additions throughout the entire book, this informative Second Edition of the ever-popular classic, "Stop the Thyroid Madness: A Patient Revolution Against Decades of Inferior Treatment", continues to break ground as the ONLY thyroid patient-to-patient book on the market. It addresses a 60+ year, international thyroid treatment scandal involving the use of T4-only medications like Synthroid and other T4-only meds, as well as the TSH lab test--both which have left hundreds of millions worldwide either undiagnosed or undertreated. It explains in detail: 1) what medications work far better and why; 2) which labwork is better than others, and how to read the results (i.e., it has nothing to do with just being "in range"); 3) how a huge body of thyroid patients fall into adrenal fatigue/HPA dysfunction as a result of poor treatment by doctors, plus what patients have learned in treating it; 4) a long list of causes of hypothyroidism; 5) cutting-edge treatment of Hashimotos's disease and gluten intolerance; 6) why patients need to be aware of Reverse T3, plus how to treat it; 7) how to discover and treat low levels of Vit. D, B12, ferritin and iron, iodine and more deficiencies which doctors can miss. As always, this "Bible of Thyroid Treatment", as successfully experienced by patients worldwide, strives to educate the reader in order to bring this on-going and scandal-breaking information into doctors offices worldwide, and create needed change.

Book Information

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Customer Reviews

I cannot recommend this book highly enough! Where my primary care doctor failed me, this book saved the day. I have been taking Armour thyroid for decades but in 2015 started gaining weight and could NOT get it off, no matter how hard I worked out and dieted. I went from 115 to 140

pounds in 2 years! I was always a size 2/4 and, to my horror, had to keep buying new clothes every couple of months. A week ago, I found the Stop the Thyroid Madness website and I immediately bought the book on . Here's what I've learned so far, and it's mind-blowing:-Most doctors don't know what they're talking about when it comes to dosing RX for hypothyroidism.- If they're prescribing Synthroid, they're in the dark ages.-Docs should prescribe NATURAL DESICCATED THYROID ("NDT"), which has both T3 and T4, like our bodies produce.-NDT includes Armour, Nature Throid, WP Thyroid by Ancella.-Most docs UNDER-PRESCRIBE thyroid RX, even if they are enlightened enough to prescribe NDT-My doc prescribed 2.5 grains but most people require 3-5 grains daily. This is why I WAS GAINING SO MUCH WEIGHT.-Can't find a doc who will prescribe NDT or is your doc under-prescribing your dose? You can buy it online without a prescription! This book tells you the names of those products.-Most docs do a "basic panel" of thyroid -- just TSH, Free T4 and Free T3. You need MUCH more than that. You need REVERSE T3, thyroid antibodies, and other lab results.-The book explains that your adrenal function could be complicating your situation and gives you self-tests ('discovery tests') you can do at home that will tell you if you may have a problem. These include the pupil dilation test, the several-times-a-day-temperature monitoring exercise and more.-This book tells you HOW TO ORDER THOSE LABS WITHOUT A PRESCRIPTION OR DOCTOR APPROVAL. So you can take the matter into your own hands instead of waiting around for a doctor who will never come through without YOUR ACTION!

This is the book to read if you suffer from thyroid problems and are wondering why you don't feel better with current medical testing and standard thyroid replacement. There are sections in the book's chapters that address other endocrine problems that can co-exist along with thyroid problems and insight as to how best to deal with them. The book advocates taking charge of one's own health through self education and has tips for finding the best healthcare providers/physicians to provide the best treatment as an individual approach, versus a one-size-fits all approach which apparently isn't working very well for many. I use my book all the time and refer back to it frequently. I found it here on [Amazon](#) and received it quickly when the book was out of stock on the author's book sales site.

EXCELLENT EXCELLENT BOOK. A MUST HAVE FOR ANYONE STILL SUFFERING FROM THYROID PROBLEMS EVEN WHILE ON MEDICATIONS> FIND A SOLUTION THAT WILL GIVE YOU YOUR LIFE BACK IN THIS BOOK!! FABULOUS INFORMATION AND SO GLAD THAT THERE ARE OTHERS OUT THERE THAT HAVE THE SAME PROBLEMS I ONLY THOUGHT

WAS "IN MY IMAGINATION" AFTER BEING TOLD MY BLOODWORK WAS WITHIN NORMAL LIMITS> I'M NOT CRAZY AND NEITHER ARE YOU> GET THIS BOOK AND LEARN HOW TO GET WELL AND BE NORMAL!!!

Love these books, I have the original along with revised. I may not agree with everything with-in the book but it's a great book to educate yourself in regards to your own thyroid health. I purchased one for my GP and she accepted it with honour. Whether or not she'll read it is another story....lol

"Stop the Thyroid Madness II" is even better. Start there. It's not just about thyroid.

Well written but not much info on iodine fueling Hashimoto's attacks. Some know that iodine is like throwing gasoline on a fire others have no idea and push it's use and that is dangerous.

Extremely informative, very well referenced, excellent all around. Packed with what you need to know about balancing thyroid within the system as a whole. Yes and with summary sections to help. .Get the full picture.

Not an easy book to read, even for someone like myself who feels versed on the subject. Some good info, but some sections are confusing. Does give helpful references in the back. May give to my daughter, who is a naturopathic doctor, for her reference.

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Thyroid Diet: A Guide For Using The Thyroid Diet to Manage Thyroid Symptoms, Increase Metabolism and Lose Weight (dieting, weight loss, thyroid, hyperthyroidism, ... hyperthyroidism diet, thyroid diet plan,) Adrenal Thyroid Connection Cookbook: 50 Natural Treatment Protocol
Meals-Break The Connection Between Thyroid And Adrenal Problems(Adrenal Thyroid Revolution)
Iodine: Thyroid: The Hidden Chemical at the Center of Your Health and Well-being (Thyroid, Hashimoto's, Thyroid Deficiency, Thyroid Diet) Thyroid Diet: Thyroid Diet Guide To Understanding Hypothyroidism And Treating Hypothyroidism With Thyroid Diet Strategies For Losing Weight With An Underactive ... Diet For Underactive Thyroid) Stop the Thyroid Madness II: How Thyroid Experts Are Challenging Ineffective Treatments and Improving the Lives of Patients
Thyroid Diet : Thyroid

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